

Tips for a successful donation.

It's normal to be a little nervous, if you haven't donated before. Here are some tips to make your experience a positive one.



Most people can donate blood.

Below are a few *reasons you may not* be able to donate.

Medication - you can donate three days after finishing antibiotics for an infection (bacterial or viral). You can donate if you are taking antibiotics to prevent an infection, for example, following dental procedures or for acne. Antibiotics for acne do not disqualify you from donating.

Pregnancy - women who are pregnant should not donate. Please wait to donate until 6 weeks after giving birth. Women who are breast-feeding are eligible to donate.

Tattoos - if applied by a licensed facility in Wisconsin, you can donate blood. If not, we require a 12-month waiting period from the time the tattoo was applied.

Travel - you may be deferred from donating if you have recently traveled to a Zika affected region. For more information, please ask one of our donor services staff members. If you have traveled to an area impacted by malaria in the past year, we ask that you wait 12 months before donating after returning from that area. If you have ever had malaria, you must be symptom free for three years.

bcw.edu/donorFAQ | #ImAHero

Please bring a photo ID with your birth date.

[facebook/bloodcenterofwisconsin](https://www.facebook.com/bloodcenterofwisconsin) [twitter/bloodcenterwi](https://twitter.com/bloodcenterwi)



BE A HERO

Gesu Parish Blood Drive

Annual Chili Fest Fellowship

Monday, January 21
Noon - 5:30 PM

Location: Father Herian Hall / Parish Center

When you give blood at this drive, we'll give you a coupon for a free entrée when you purchase a Coca-Cola Freestyle beverage from Noodles & Company (while supplies last)!

To reserve your preferred time, call BloodCenter at 877-232-4376 or signup online at bit.ly/gesu0121

For more information contact Marcia Isherwood at 414-288-7101.

Appointments encouraged. Refreshments provided.

Be a Hero, Donate Blood

